

## ~ Ion Detoxification Foot Bath ~

Detoxification for a complete re-balance of the body's bio-energy fields.

**Ion detoxification foot bath helps improve your Health, Feel invigorated and rejuvenated by helping your body to re-balance its bio-energy fields and stimulate the body's detoxification. The body's organs will naturally function better when the electro-magnetic fields are charged. The ion energy charged footbath will help you feel young again.**

Please drink a lot of water before and after treatment. You may feel tired for few days after your treatment while your body is flushing the toxins.

## ~ Why Have An Ion Detox Foot Bath Treatment? ~

In today's times we live in a very toxic environment. The pollution in the air, the chemicals in our food, the water we drink and even the clothes we wear. At any given moment you may be exposed to toxins and heavy metals. These toxins accumulate in the body and can be stored in your fat cells, which tend to want to hang on to them.

A good way to release toxic build up in your body is to sweat such as in a sauna or hot bath. But for most busy people, they do not have the time to spend hours in the sauna for the best results. Plus that may be a bit too uncomfortable and when used for detoxification should be supervised by a licensed practitioner.

There is an easy alternative more and more people are finding great success with to rid your body of these unwanted toxins. That is the use of ionic detox footbaths. With the increase in the number of chemicals introduced in the last fifty years, there has been a dramatic increase in incidences of auto-immune disease, allergies and common infections. There are tens of thousands of chemicals in use today and more than a fourth of these are known to be toxic and nothing is known about their interactive effects. Body fat has been tested that contains residue of hundreds of chemicals. Metals, such as mercury and cadmium are everywhere and impossible to avoid. Lead can block red blood cell formation. Chemicals can act as toxins that can block receptor sites on cells, and cause changes in calcium homeostasis selectively killing cells, and alter expression of gene products. Metals and chemical toxins weaken the immune system and cause increased vulnerability to virus, bacterial fungal and parasitic infections. In an attempt to detoxify these substances, our bowels, kidneys and liver are being overloaded.

Our eliminative channels have become blocked or dysfunctional, because, in conjunction with these synthetic chemicals, and the western diet that is so acid forming and de-vitalized. To relieve the strains on the kidneys and liver it is more important than ever to maintain a detoxification regimen. The ion foot bath is designed to relieve these strains and help the body re-balance its energy fields allowing organs to function better.

**Some mild symptoms of toxicity include:**

Headaches, lethargy, obesity, constipation, bad breath, anxiety, poor skin, digestive disorders, forgetfulness, allergies, poor circulation, cellulite.

**Some severe cases of toxicity can include:**

High blood pressure, arthritis, diabetes, heart problems, kidney failure, cancer.

**~ How Does Ionization Work? ~**

The complex energy fields of the unit permeate the water, realigning a body's energy field. Many of the benefits of the can be attributed to the "rebalancing" of these energy lines allowing a body mass to function better. This action results in the initial purging of toxins and nucleic waste product kept and/or generated within the cells and surrounding membrane. Following the purge there is a re-correction of any abnormal deterioration within the body that has been caused by illness, injury, and viral and/or any other life experience, excluding birth defects.

The Ion detoxification device is a method for creating a bio-charge that is both safe and compatible with living matter. Water is the obvious medium used because up to 80% of the human body is water. Water is an active substance, so when water comes into contact with something, the frequency of what it contacts is integrated into its own frequency structure and thus becomes its signature. When you immerse a body mass into water, the frequency is instantly added to the water as a "memory".

The Ion Foot Bath detoxification accelerates change in the body. Aging and disease states are characterized by a diminishing anabolic capacity and an increasing catabolic capacity. Toxic buildup of cellular waste and debris is the inevitable outcome of these trends. Reversing them through whole body detoxification requires nutritional support, particularly digestive enzymes, reduction of stress hormones, trace minerals and fatty acids, which are involved in the movement and transport of raw materials in the body.

**Many different colors and objects will appear in the water during Ion foot detox bath sessions. As best as we have been able to determine based on correlations performed with a Ion foot detox bath device, the following is a list of what we believe these phenomena to be:**

<b>Color or Particle</b>	<b>Material or Area of the Body Being Detoxified</b>
--------------------------	--

Black	Detoxifying from liver
Black Flecks	Heavy metals
Brown	Detoxifying from liver, cellular debris, tobacco
Dark Green	Detoxifying from gallbladder
Orange	Detoxifying from joints
Red Flecks	Blood clot material
White Cheese-Like Particles	Most likely yeast
White Foam	Detoxifying from Lymphatic system
Yellow-Green	Detoxifying from kidneys, bladder, urinary tract, female/prostate area

**~ What Can You Expect From An Ion Foot Bath Sessions? ~**

Healthy individuals can expect to feel lighter and experience a greater feeling of well being from each session. Some people with pain, edema, swollen, and deteriorating joints have reported symptomatic relief from the sessions.

**~ Frequency And Time Of Sessions ~**

As a general rule, the maximum bathing frequency for persons under fifty years of age is once every other day for fourteen sessions with a three-week break before beginning the next sequence. The maximum bathing frequency for persons over fifty is once every third day with a two-week break after fourteen sessions.

Without muscle testing, thirty-minute sessions are the recommended maximum. Use of a low light laser or other frequency-generating device prior to a Ion foot detox bath session will shorten session time by 10 to 20 minutes. Client's who feel chronically tired after a bath or reports feeling angry, panicky, etc. the baths are spaced further apart. Fatigue indicates an overstressed condition, and emotional upheaval indicates that emotional toxins are being released along with chemical ones.